

“Welcome to Visitors from the Trowbridge Family”

Little Lazy Gut Island, LLC Systems Orientation

Mooring: As you approach the island to the harbor you will see a mooring ball. It is for island use and has a 100 lb. mushroom anchor. It is spaced approximately in the center of the available space in the harbor. There is about 8 feet of water at low tide where the anchor is placed, less when your boat swings toward the shore.

Outhaul and row boats: There is a small rowboat and a larger heavier peapod for your use at the island. Be sure to use life jackets for each person in the boat. **Never leave a row boat on the beach without tying it to the outhaul rope or anchor at the top of the beach.** The tide is fast and row boats float away quickly, even from experienced boaters. Looking from the mooring you will see rope leading down the right side of the beach and up onto the ledge. This is for pulling rowboats and other light craft in and out from shore to a mooring without having to carry the boat up and down the beach. There is a loop along the rope to tie to. Keep one end of the rope tied to or looped around the stake on the ledge or the line will float away and you will not be able to pull the boat in when needed. Be sure to leave plenty of scope on the rowboat line since at high tide you will need 12 feet of line to keep the boat floating normally. Use a secure knot such as a bowline to tie to the loop. Pull the opposite rope to pull the loop out to the 50 lb. anchor. You may leave a rowboat on the outhaul overnight while you are staying at the house, but always replace the rowboat to its place above the grass line and upside down with oars stowed underneath at the end of your stay. It is easiest to move the rowboats to their shore position at high tide when the distance to the grass is the shortest.

Garden cart: A garden cart is provided to carry things from the beach to the house. Load goods directly from a boat to the cart to keep gear clean, and to reduce the carrying load. There is also a wooden wheel barrow for bulky items.

Water: There are two rain barrels with 50 gallons capacity each. These are usually full when a moderate amount of rain has fallen. One supplies the kitchen sink and the other the bathroom sink. Use this water for washing only, not drinking. There will be some drinking water supplied in containers at the house, usually 20 gallons or more. The amount will vary according to the previous occupant's use and replacement. You may need to bring extra depending on the

situation, the number in your party, and the length of your stay. To save potable water use rain barrel water for washing dishes and fresh water to rinse dishes.

Kitchen: The kitchen is equipped with pots and pans, dishes, bowls, glasses, silverware etc. It also has on hand salt, pepper, and usually some other spices, sugar, flour, tea.

Shower: There is a Sun Shower provided. It is a solar heated water bag with a shower attachment. This is camping equipment.

Electricity: There is no electricity on the island.

Phone: There is cell phone reception on the island.

First Aid: There is a small first aid kit in the bathroom.

Propane gas system: refrigerator, cooktop and oven, lights.

Gas on and off:

Gas at the tanks should be on and left on at the end of your stay. If the gas is not already on turn the knob at the top of the gas tank (located outside the house by the kitchen) to the left. The arrow on the regulator above the tank should point to the tank you want to use. When the tank is turned off a red indicator will show. When the gas is turned on the red indicator will turn off. If the gas has been shut off then the refrigerator will need to be started. See instructions at bottom front of refrigerator or consult the manual which is stored on a shelf over the refrigerator.

Kitchen range: (New in 2015) No matches are necessary.

Top burners:

1. Push control knob in and turn to LITE. The battery operated clicker will ignite the flame.
2. When lit, turn knob to desired heat setting.
3. Turn to OFF when done cooking.

Oven:

1. Push in oven control knob (center) and turn to PILOT. Hold it in for 10 seconds. Pilot light should lite and stay lit.
2. Turn the knob to the desired temperature.
3. Turn oven OFF when done cooking. Pilot light will go off.

Refrigerator (new in 2015)

When not in use the refrigerator will be set on lowest setting which is #1. Find the dial knob at the bottom front of refrigerator. Upon arrival turn knob to #4 setting for maximum cooling. Upon departure set knob back to #1 to economize on fuel. The temperature will stay cool, but the freezer will defrost.

If refrigerator is not on upon arrival, check that gas is on at the tanks outside. If a tank has gone empty it may be necessary to switch the hook up to the other tank or to hook up a new tank from those stored near by. We check the tanks between visitors and we do not expect visitors to have to do this, but just in case we are providing this information. Follow instructions at bottom front of the refrigerator and or use the manual which is stored on a shelf above the refrigerator.

Lights: There are two gas lights mounted to the wall, one near the dining room table and the other next to the bed. To turn on, pivot the L shaped lever on the right hand side so that the lever points out into the room. Hold a lit match under the mantel but **do not touch the mantle**. It is made of ash and once touched it is ruined. Please make this clear to all in the household. For some reason people have an urge to touch it, perhaps to figure it out or see what it is. It usually takes the mantle 15 to 60 seconds to lite. Hold steady and be patient. Sometimes it will make a small burst of flame and blow itself out. Try again. The air flow adjustment has been set to give maximum light, do not change the air flow. To turn off light, pivot the L shaped lever to the upright position. In the event that someone touches the mantle it will need to be replaced. There are extra mantles on the top kitchen shelf towards the right. Read directions to install. The mantle is made of cloth on the first burn only, thereafter it is an ash which provides a convenient shape for the flame.

Kerosene lights: There are at least two (sometimes more) kerosene lights provided. To light, lift the glass globe off, light the wick with a match and replace the glass globe. Adjust the wick with the side knob as needed. Keep the globe clean for maximum light. We use lamp oil which is cleaner burning than kerosene. Extra oil is in a container on the top kitchen shelf to the right.

Toilet: This is a vented dry toilet and has little or no smell. Add a scoop of peat moss per use or as needed. Always leave the seat in the closed position after use; this helps the draft work properly. Toilet paper is provided. When the toilet

container is about $\frac{3}{4}$ full it is time to empty it. Lift the seat and pick up the bucket. Carry and empty it in a pit provided in the area up from the main beach. When walking from the house take the path to the right just before the big bush at the top of the rocks and main beach. The pit is about 60 feet inland from the beach and grass line. Cover the deposit with a small amount of soil from the pile next to the pit and replace the wooden safety cover. When the pit is full, cover with remaining soil and dig a new pit in the same general area. Rinse the toilet bucket in the ocean, swirl sand in the bucket to scour away the soil, and return it to its place in the bathroom. To help keep things clean make sure the metal guard under the seat overlaps the bucket. This is a fairly primitive system, but we have been pleased how well it works.

Compost: You may bury food compost in the same pit as the toilet waste.

Paper waste: You may burn paper at the fire pit.

Other waste: Carry other waste back to the mainland for disposal.

Cookout: You may use any wood next to the fire pit and picnic table for cookouts. Please do not use more than you need. You may collect firewood from already cut and dead branches found on the island and from drift wood. There is also a small charcoal grill provided, usually stored behind the wood burning Franklin Stove. Use outdoors on the grass, not on the deck. Some charcoal is provided and is usually stored in the closet.

Wood stove: The Franklin Stove burns wood. Use firewood provided under the house. Light the fire and close the doors to reduce smoke. Have a person experienced in wood burning supervise. Do not leave a fire unattended. Keep sparks and coals in the fire box as well as any wood debris. Keep flammables including furniture at least 3 feet away from the fire box. The wood stove is not usually needed in mid-summer, but is nice to have for a cold rainy spell. A fire extinguisher is located by the exit door and water may also be used in an emergency.

Beds: A queen size bed is provided in the cabin. A double sized mattress is also available to sleep on in the loft. Extra camp mattresses are provided in the loft for tenting. The beds are provided with linens and towels are also available.

Loft: The loft is used for sleeping and storage. Kids usually love to climb up and down the ladder and play with the hatch pulley system. That is ok but be sure

everyone climbs the ladder with their front towards the steps. Walking down the stairs facing away from the treads usually results in a fall to the lower level, pain and suffering. When sleeping in the loft close the hatch to prevent rolling into the void. Once you are in the loft detach the rope from the hatch and lower into its position. When ready to come down, reattach the rope.

Tent platforms: There are two tent platforms on the island, each with a private view of the ocean and islands.

Cleaning: Please leave the cabin as clean as you found it, the oak floor is easy to clean and brooms and mops are in the closet. Sand from the beach can track into the house easily. It helps to leave shoes outside or at the door, wipe feet off on the grass before entering, and to keep pets outdoors as much as possible. It also helps to place gear on the ledges or into the garden cart when unloading from a boat rather than placing on the sandy beach. At the end of your stay please leave soiled linens in a pillow case or stacked for pick up.

Windows: At the end of your stay please close windows. A storm can create a lot of wear and tear on the window hardware.

Safety Equipment: Fire extinguisher by the main entrance. Smoke and Carbon Monoxide detector on overhead beam by main entrance. First Aid Kit on shelf in Bathroom. "Pea Pod" life boat at top of beach, use life jackets.

Feedback: Please let us know if everything was satisfactory with your stay, make suggestions, or give us your general feedback. We love repeat visitors and want you to be as enthralled with Little Lazy Gut Island as we are.

Emergency Contact information: For minor emergencies and a boat back to the mainland call **Old Quarry Ocean Adventures: 207 367 8977**. For issues concerning the property call Little Lazy Gut Island, LLC member: **Paul Trowbridge, 207 359 8369**.

For extreme emergencies:

Marine patrol: 911

Memorial Ambulance (to meet someone on the mainland) Call 911

Coast Guard 207 244-5121

Life Flight (helicopter from Bangor) 1-888-421-4228

